

NOLA

All Stars

September 4

[www.nolaallstars.com](http://www.nolaallstars.com)



# Our Story

I fell in love with cheerleading almost 30 years ago when I began cheering in Junior High School. I went on to cheer in High School then became a member of Tiger Elite All Stars Open Level 6 team. I reluctantly hung up my cheer shoes when I started my family, but my love of the sport wouldn't let me walk away. Since then, I have been a gym owner, coach and All Star parent. I've watched this sport change over the years from being a positive factor in a child's life to a sport where the athlete's emotional and physical health seemed to be last on the list. I watched it become almost unaffordable for regular families due to the traveling costs, competition fees etc.



In 2019 I decided to open Nola All Stars, partnering up in a facility with the owner of LTCA, Mr. Todd Becnel, in an effort to give children throughout our area a positive and nurturing environment to train and families a more affordable option. I will never falter from the reason I opened Nola All Stars. Ultimately, our athletes are here to train and grow in this sport, but I believe our children today face so much more in life than we ever did and they need a place to come to escape, feel safe and forget the worries that plague their generation.



# Why choose us

- ✓ POSITIVE AND NURTURING ENVIRONMENT AND STAFF
- ✓ COMPETITIVE AWARD WINNING TEAMS
- ✓ COST FRIENDLY WITH NO HIDDEN FEES
- ✓ FACILITY ALWAYS OPEN TO PARENT SURVEILLANCE
- ✓ LOW TRAVEL REQUIREMENTS

## Customer testimonials

"You run the best program and care about your athletes as individuals and it shows! So many kids got new skills this season! I love everything you are doing., it's like how Tiger Elite used to be. We never want to leave Nola."

-Crystal

"How you develop these kids and help them navigate through teen life is simply AMAZING! I am so proud my daughter is a Nola All Star"

-Sabrina





# All Star Division Overview

## AGE DIVISIONS BY BIRTH YEAR

**Tiny Novice**

2016-2020

**Tiny**

2016-2018

**Mini**

2014-2018

**Youth**

2011-2018

**Junior**

2007-2017

**Senior**

6/1/04-2011

## NOVICE

Performance based  
team  
for athletes new to  
All Star Cheerleading.

## PREP

Competitive team  
geared to  
strengthening an  
athlete's skills

## ELITE

Competitive team  
of experienced  
athletes with solid  
technical ability

We accept athletes  
ages 3 and up with  
all experience levels





# All Star ELITE Level Requirements

## LEVEL 1

Back Walkover  
Front Walkover  
Valdez

## LEVEL 2

Standing Back  
Handspring  
Front Walkover  
Back Handspring  
Series

## LEVEL 3

Standing Back  
Handspring  
Series  
Back Tuck

## LEVEL 4

Standing Back  
Tuck  
Layout  
Punch Front  
Step out

## LEVEL 5

Standing Back  
Handspring  
Series to layout  
Whip Full

These skills do NOT  
apply to Novice and  
Prep Divisions





# What can you expect

## Novice

1.5 hour practice one day a week

Tumbling Included during practice

3 local competitions

1 travel competition

End of Year

Competition event

\$2415 total

\*NO HIDDEN FEES

## Prep

1.5 hour practices two days a week

1 hour tumbling class one day a week

3 - 4 local competitions

1 travel competition

End of Year

Competition event

\$3545 total

\*NO HIDDEN FEES

## Elite

2.5 hour practices two days a week

1 hour tumbling class one day a week

4 - 6 local competitions

1 - 2 travel competitions

End of Year

Competition event

\$4369 total

\*NO HIDDEN FEES

*"Local" Competitions may include Baton Rouge, Biloxi, New Orleans area, Lafayette, Hammond & Northshore*



# Financial Information

## What do my fees cover

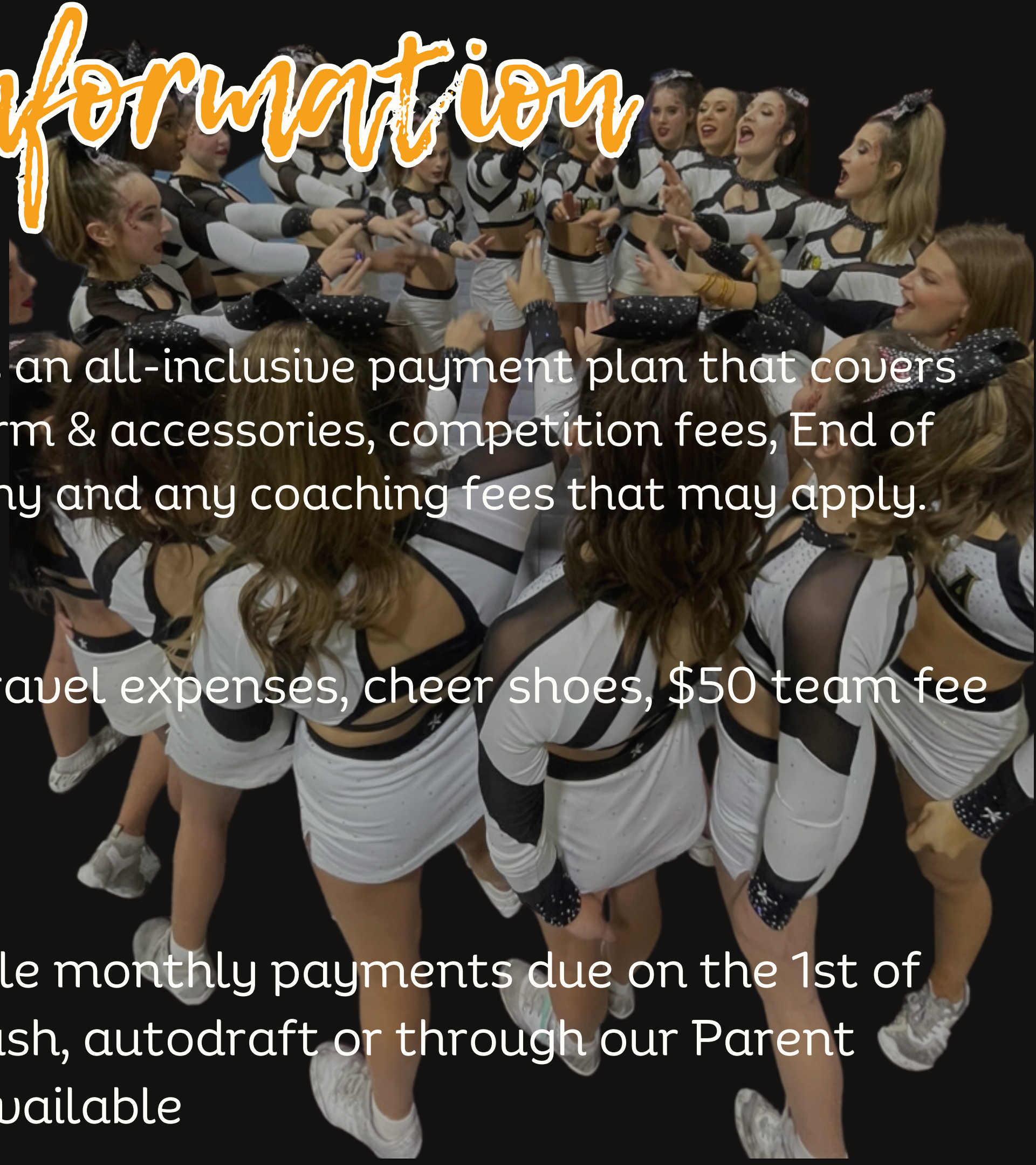
Basically EVERYTHING! Nola All Stars offers an all-inclusive payment plan that covers tuition for cheer and tumbling classes, uniform & accessories, competition fees, End of Season competition fees, music, choreography and any coaching fees that may apply.

## What is not included

Your \$75.00 registration fee, any and all travel expenses, cheer shoes, \$50 team fee and the uniform cover-up \*if needed

## How do payments work

Yearly tuition is broken up into 11 affordable monthly payments due on the 1st of every month that can be paid via check, cash, autodraft or through our Parent Portal. \*Pay in Full and Sibling Discounts available





# Important Dates

## Parent Information Meeting

In Person or via Zoom

May 17th 6:00 p.m.

May 18th 6:00 p.m.

Zoom Link will be available  
through email request

### Try-out Clinics

Ages 6 -11

May 25th, May 30 & June 1

5:30 - 7:00pm

### Meet and Greet

Ages 3-5

May 24

6-6:30 pm

### Try-out Clinics

Ages 12 & up

May 25th, May 30 & June 1

7:00 - 8:30pm

### Team Announcements

June 5th

### Formal Try-outs

Ages 6 & Up

June 2

### Practices Begin

the week of

June 12th



# Registration

## 3 Easy steps to join the change!

- 1 Visit **WWW.NOLAALLSTARS.COM**
- 2 Select **PARENT PORTAL**
- 3 Select **REGISTER**



### Contact Information:

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🌐 [www.nolaallstars.com](http://www.nolaallstars.com)







**An All Star program that puts  
athletes first**

**WE WANT YOU IN 2023!**

